

AUGUST 2021

Type Your School Name Here

LUNCH



Additional daily entrees:
Chef salad
PBJ



August is Family Meals Month! Family meals around the table provide an opportunity to spend time together. Make time for family meals when planning your household's schedule each week. Try to cook, eat and clean up together!

Reference: USDA MyPlate

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2

National Watermelon Day

3

4

5

6

PEPPERONI PIZZA
Cucumber coins
Peach cup
milk

9

CHEESEBURGER
Cherry tomatoes
Tater tots
Strawberries
milk

10

TERIYAKI CHICKEN
WITH RICE
Steamed broccoli
Apple slices
Milk

11

HOT DOG
Baked beans
Frozen juice cup
milk

12

MOZZARELLA CHEESE
STICKS WITH MARINARA
Green pepper slices
Tropical fruit salad

13

CHICKEN PATTY ON A BUN
Buffalo cauliflower
Applesauce
milk

16

TACO SALAD
Black beans with salsa
Orange wedges
milk

17

MACARONI AND CHEESE
Green beans
Fresh pear
milk

18

ITALIAN SUB SANDWICH
Cherry tomatoes
Fresh pineapple
Sun chips
milk

19

LOADED NACHOS
Carrot sticks
Frozen juice cup
milk

20

BBQ RIB PATTY SANDWICH
Cherry tomatoes
Coleslaw
Grapes
Milk

23

CARNITAS
Refried beans
Apple
Milk

24

SPAGHETTI WITH MEATBALL
AND GARLIC BREAD
Salad mix
Mixed fruit cup
Milk

25

CHICKEN DRUMSTICK WITH
ROLL
Green beans
Apple
milk

26

BEEF AND CHEESE BURRITO
Broccoli with ranch
Banana
Milk

27

PEPPERONI PIZZA
Cucumber coins
Peach cup
milk

30

CHEESEBURGER
Cherry tomatoes
Tater tots
Strawberries
milk

31



This institution is an equal opportunity provider.